



FOR IMMEDIATE RELEASE

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7 Ways to Stay Safe Online

Katahdin Trust offers tips in recognition of Safer Internet Day Feb. 7

Houlton, ME - Every year, millions of consumers fall victim to cybercrime. According to the FBI's Internet Crime Complaint Center consumers lost more than \$1 billion from scams initiated through the web in 2015. In recognition of [Safer Internet Day](#) on Feb. 7, Katahdin Trust is highlighting seven tips to help consumers guard against online threats and maintain a safe and secure web environment.

“Criminals have become more and more sophisticated with their hacking techniques,” said Jean Noyes, VP, Information Security Officer. “As a result, it’s extremely important for consumers to secure their wireless networks and set strong network passwords using a combination of letters, numbers and special characters to actively guard against online threats.”

Katahdin Trust recommends the following tips to keep you safe online:

- **Keep your computers and mobile devices up to date.** Having the latest security software, web browser, and operating system are the best defenses against viruses, malware, and other online threats. Turn on automatic updates so you receive the newest fixes as they become available.
- **Set strong passwords.** A strong password is at least eight characters in length and includes a mix of upper and lowercase letters, numbers, and special characters.
- **Watch out for phishing scams.** Phishing scams use fraudulent emails and websites to trick users into disclosing private account or login information. Do not click on links or open any attachments or pop-up screens from sources you are not familiar with. Forward phishing emails to the Federal Trade Commission (FTC) at spam@uce.gov – and to the company, bank, or organization impersonated in the email.
- **Keep personal information personal.** Hackers can use social media profiles to figure out your passwords and answer those security questions in the password reset tools. Lock down your privacy settings and avoid posting things like birthdays, addresses, mother’s maiden name, etc. Be wary of requests to connect from people you do not know.
- **Secure your internet connection.** Always protect your home wireless network with a password. When connecting to public Wi-Fi networks, be cautious about what information you are sending over it.
- **Shop safely.** Before shopping online, make sure the website uses secure technology. When you are at the checkout screen, verify that the web address begins with https. Also, check to see if a tiny locked padlock symbol appears on the page.

- **Read the site's privacy policies.** Though long and complex, privacy policies tell you how the site protects the personal information it collects. If you don't see or understand a site's privacy policy, consider doing business elsewhere.

About Katahdin Trust

Katahdin Trust Company, established in 1918 with over \$754 million in assets, provides banking services to individuals and businesses from 16 offices throughout Maine and online at KatahdinTrust.com. Katahdin Bankshares Corp., parent company of Katahdin Trust Company, stock is quoted on the OTC Markets quote board OTCQX under the symbol KTHN. Current stock information can be found at otcmarkets.com/stock/KTHN/quote.

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